

The key to burnout prevention & healing **RELENTLESS KINDNESS**

Reflecting on my 25 years of Christian ministry, I have written this book with the hope of providing a valuable resource on the topic of burnout. It comes out of my personal experience. Therefore, it is particularly relevant for churches, and those in ministry positions. However, my hope is that it will be applicable to people in a wide range of situations. My writing is not to criticise, but to be honest and constructive, giving hope and inspiration to those who read it. -Paul

"This book is a must read for anyone involved in working with people. The insights that Paul brings from his own burnout journey are important for us all".

Mark Taylor, Pastor, Mt Hutt Elim Church, NZ.

"Paul has the unique ability to express his vulnerability as he explores his journey of God's relentless love and kindness shown to him. He candidly talks about issues and struggles we all face as we journey through life. This book is an excellent tool for individuals, groups or anyone who is involved in ministry."

Karin de Keijzer, Pastor, SCC3 Church, Chch NZ.

Product details

Format: Paperback / 208 pages

Dimensions: 127 x 203mm (5 x 8 inches)

First published: 2020

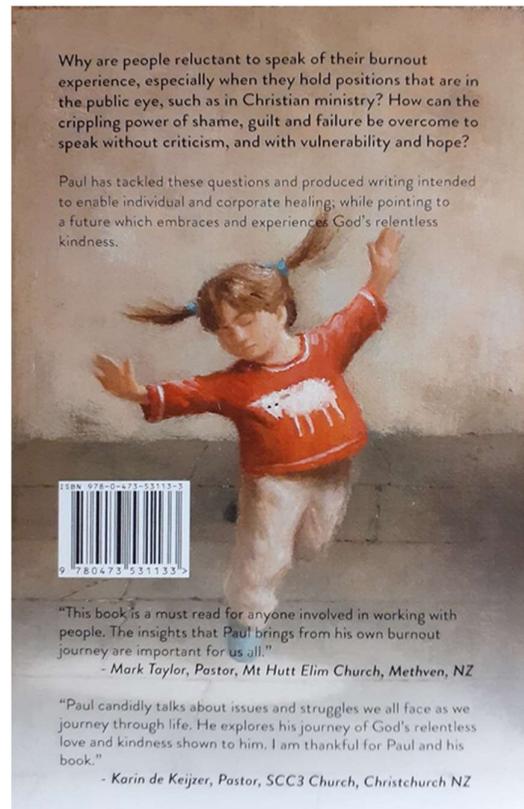
Design & layout www.yourbooks.co.nz

Printed in New Zealand by www.yourbooks.co.nz

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- Is it possible to have a marriage that is relentlessly kind?
- Are there people who need special kindness?
- So, what does relentless kindness have to do with burnout?
- What is the burnout experience?
- What's the experience of loved ones?
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- Can there be hope for the future?
- What is the message for Christian ministers?
- What is the message for elders, parish councils & other leadership teams?
- Is it possible for a church to be relentlessly kind?
- The joy and peace of relentless kindness.

See NZ Baptist Magazine Editor review online
<https://baptistmag.org.nz/relentless-kindness/>



Why are people reluctant to speak of their burnout experience, especially when they hold positions that are in the public eye, such as in Christian ministry? How can the crippling power of shame, guilt and failure be overcome to speak without criticism, and with vulnerability and hope?

Paul has tackled these questions and produced writing intended to enable individual and corporate healing; while pointing to a future which embraces and experiences God's relentless kindness.

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- Karin de Keijzer, Pastor, SCC3 Church, Christchurch NZ

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